

# Me, Myself and I

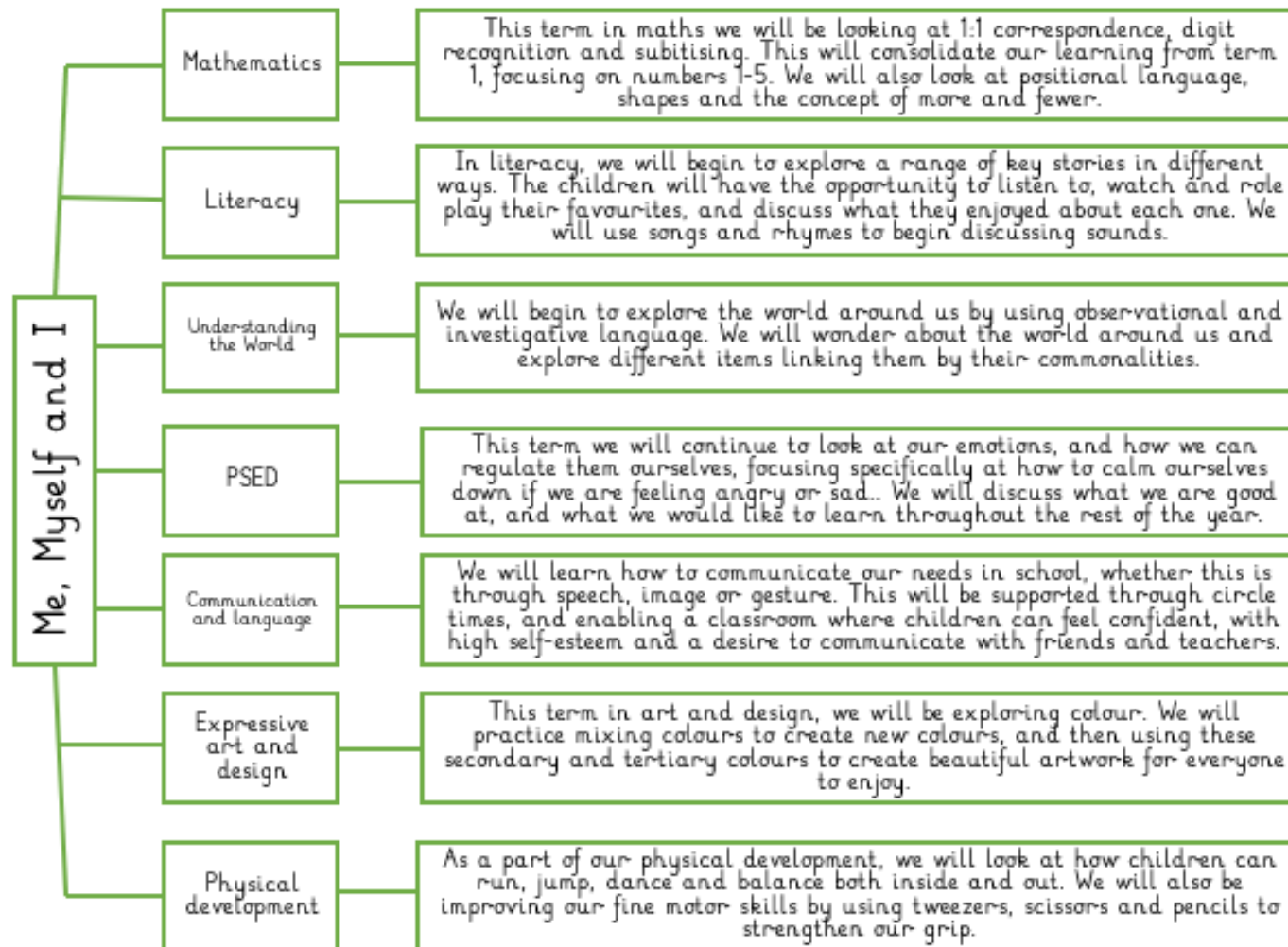
## EYFS Autumn 2 – Me, Myself and I

### Topic Overview

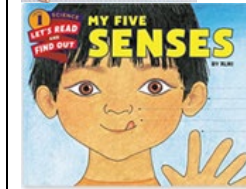
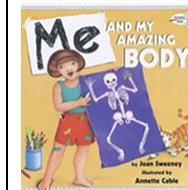
In Autumn 2, the children will be introduced to their new topic – Me, Myself and I. As a part of this topic, we will continue to learn all about ourselves and our bodies, with a strong focus around what our bodies can do. We will look at the five senses, what we enjoy doing at nursery and home as well as how our bodies can run, jump, crawl and balance.

### Big Bang Day! Senses Day!

As a part of our learning on Tuesday 31<sup>st</sup> October 2023, we will have a Sense's Day! The children will have the opportunity to touch, taste, smell, see and hear a variety of different things. From tasting and guessing flavours of crisps, to listening to different music, and discussing what they like or dislike about it, this day is sure to be a lot of fun!



### Key Texts



*We're Going on a Bear Hunt*  
Michael Rosen Helen Oxenbury

